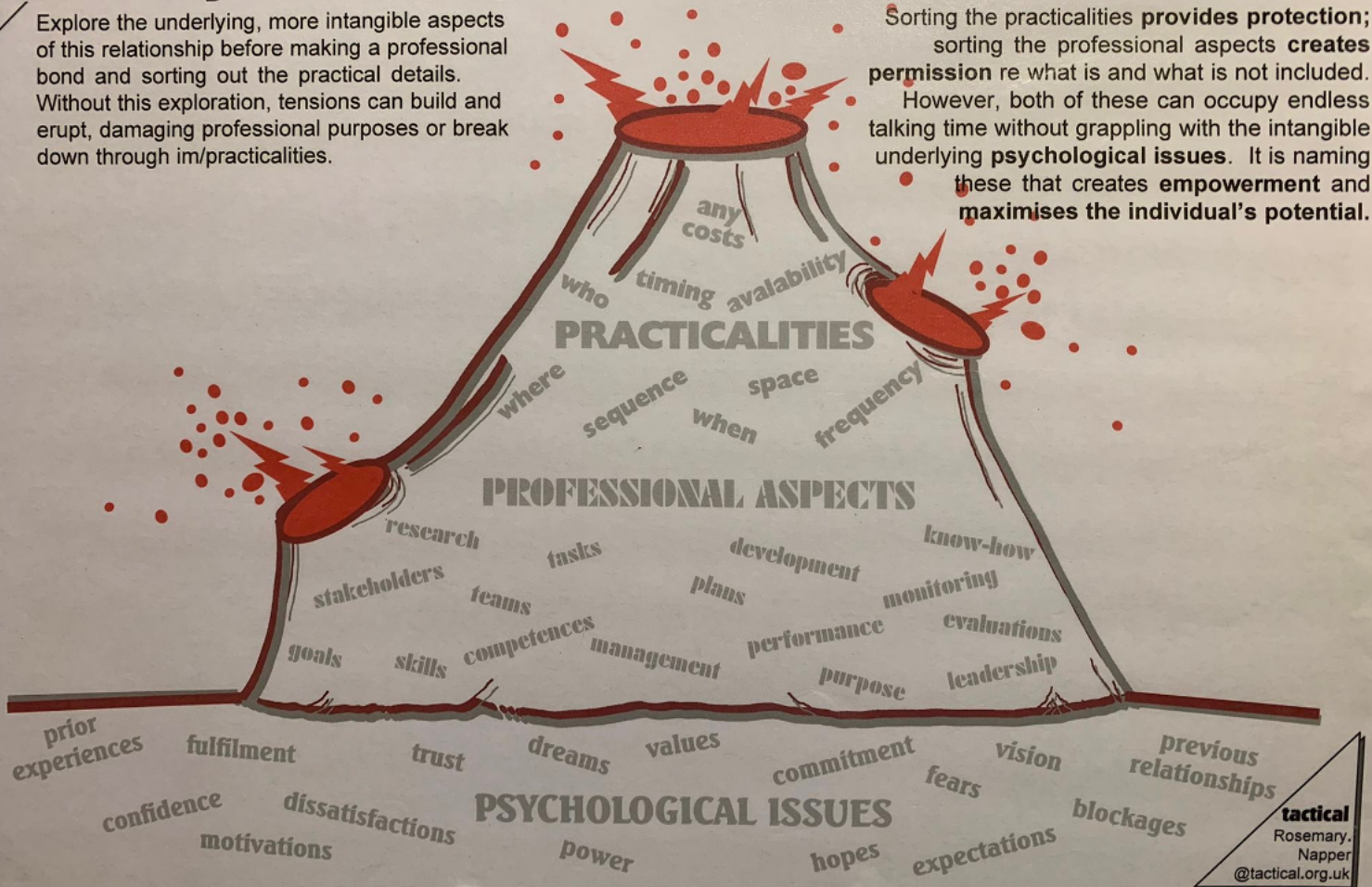


Coaching *and* Mentoring Partnerships

Explore the underlying, more intangible aspects of this relationship before making a professional bond and sorting out the practical details. Without this exploration, tensions can build and erupt, damaging professional purposes or break down through im/practicalities.

Sorting the practicalities **provides protection**; sorting the professional aspects **creates permission** re what is and what is not included. However, both of these can occupy endless talking time without grappling with the intangible underlying **psychological issues**. It is naming these that creates **empowerment** and **maximises the individual's potential**.



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